



<b>Course title: First Aid for Families</b>	
<b>Course duration:</b> 3 x 2-hour sessions	<b>Learner group:</b> This course is for mothers and fathers (carers) with children aged 6+ years. Adults can only attend with a child, will participate fully in the activity and supervise their children throughout.  Group size not to exceed 24 with no more than 2 children per adult. Contact partnership manager if group exceeds specified sizes.
<b>This course is designed to:</b> <ul style="list-style-type: none"><li>• Equip families to be able to manage an incident in which people are ill or have been injured and take care of them until medical help is available.</li><li>• Support interaction, provide quality time for families to have fun and learn together, strengthen relationships, build confidence and extend communication.</li></ul>	
<b>Content will include all/some of the following:</b> <ul style="list-style-type: none"><li>• The emergency procedure and making an emergency phone call</li><li>• Placing a casualty into the recovery position</li><li>• Using the primary survey</li><li>• Recognise and treat choking</li><li>• Treat and monitor bleeding, minor bruising and burns</li><li>• Practise cardiopulmonary resuscitation (CPR)</li></ul>	
<b>What learners will need to bring to the session:</b> Please wear loose clothing.	
<b>Venue requirements:</b> <b>Minimum requirements:</b> Interactive/static whiteboard or flipchart Adult sized tables and chairs Contact partnership manager if group exceeds specified size  <b>Other requirements:</b> Access to photo copier Refreshments – provided by and at the discretion of the venue.	<b>Progression:</b>  Accredited Emergency First Aid course  Courses that run at Kent Adult Education centres and other educational establishments.