

## BROOKFIELD JUNIOR SCHOOL YEAR 6 SEX EDUCATION



09 June 2017

Dear Parents/Carers,

During the week commencing 19<sup>th</sup> June, Year 6 will be taking part in our PSHE unit 'Sex and Relationships Education'. As a part of this learning journey, the children will be watching the BBC Active programme 'Focus: Growing Up (Sex Education)', in particular the following programmes:

## Programme 1 – WHAT'S HAPPENING TO ME?

Introduces children to the physical and emotional changes that occur during puberty and the reasons for physical changes during puberty; this explains sexual intercourse, conception and the growth and birth of a baby.

## Programme 2 – HOW AM I BEHAVING?

Explores feelings and moods during puberty and learning to cope with changes in relationships as a result of puberty.

These are the same programmes watched during Year 5, however we feel it is important to re-cover this topic with children, particularly as they make the transition to secondary school.

During part 1 of Programme 1, the year group will be split into boys and girls. They will watch separate clips aimed at informing them of changes in their own bodies and how to cope with these. We will then have a question and answer style talk with each group separately about the changes they can expect to go through.

Following part 2 of Programme 1, which all children will watch, the boys and girls will again separate to discuss any questions they may have.

In compliance with the law regarding Sex Education, we require your permission to allow your child to participate in these sessions. Please complete the slip attached and return it to school. Should you wish to come into school and discuss the content of the video, we will be showing Programme 1 after school on Thursday 15<sup>th</sup> June in Partridge classroom. Please indicate on the slip attached if you wish to attend.

Yours sincerely

Miss Aldous and Miss Prince Year 6 Teachers	
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To: Miss Aldous and Miss Prince ~ Sex Education sessions – Term 6	
I give permission for my child to participate in the Sex Education sessions	
I would not like my child to participate in the Sex Education sessions	
I would like to view and discuss the video on Thursday 15 <sup>th</sup> June at 3:15p.m	
Signed	

Child's name:

Class

