

Reviewer Governing Body	BROOKFIELD JUNIOR SCHOOL <u>Sex and Relationship Education</u> <u>Policy</u>	Review date Term 4 2018
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'What is our Sex Education Policy?'

Our sex education policy will be very closely linked with health. We want to build a firm partnership between home and school working with parents to provide sex education as part of our school's health education programme.

It is vital that sex education should be presented in a moral framework within the contexts of family life, relationships and understanding themselves and their own feelings.

We also recognise that our children may form 'on-line relationships'.
 The school's E-Safety Policy outlines how we educate and prepare them for such relationships, to ensure their safety and well-being.

AIMS

- * To answer all children's questions about their bodies and human reproduction honestly and factually.
- * To teach the children about their changing bodies.
- * To teach them to respect their own and others' bodies and feelings.
- * To increase the children's awareness of the importance of relationships within the family and between friends.
- * To teach the children how to look after their bodies through diet, hygiene and exercise.
- * To teach the children about birth and to give them an elementary understanding of human reproduction.

'Who is Responsible for the Teaching of Sex Education?'

The teaching staff at Brookfield Junior School will build on the sex education that will already have begun at home.

Home life should promote secure and loving relationships, where the child's self-esteem and well-being should be of paramount importance. Behaviour patterns begin at home - and healthy attitudes towards social behaviour and good health from parents will positively influence our children.

'When will Our Children be Learning about Sex Education?'

Sex Education will be taught at different stages of the child's school life through stories, drama, discussion, reading; through Science, PSHE, R.E. and English topics.

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'What Will Our Children be Learning?'

Year 3 and Year 4 ~ for example:-

- * Caring for myself (hygiene, sleep, exercise, diet)
- * Caring for others
- * Keeping safe
- * Me and my feelings
- * Inside my body - the functions of different parts.
- * Feelings (what makes me happy, sad, scared, embarrassed)
- * Difficult situations (bullying, etc.)
- * Making and keeping friends
- * Keeping healthy - exercise, diet and the immune system, etc.
- * Keeping safe
- * Changes in my body and in those of others (physical changes).

Year 5 ~ key aspects covered in Kent Scheme of Work, following National Curriculum:-

- * What happens to the human body during puberty?
- * Changes as humans develop from birth to old age (including changes in history).
- * Gestation periods of animals.
- * How babies are made
- * How babies are born

To help Year 5 deliver part of their curriculum for sex education, the children will follow the BBC Active DVD called Growing Up in addition to the Channel 4 television programme called All About Us

Yr5 staff will support the programmes with further explanation and discussions. In addition, Yr5 staff will talk separately to Yr5 boys and Yr5 girls specifically about changes happening to their bodies and answer questions relating to puberty. The year 5 curriculum will also focus on how babies are made and how they are born. There will be ample time for children's questions which will be answered honestly. If a question is deemed unsuitable to answer in a whole class situation then the class teacher will first discuss it with the parents concerned to see how they would like the situation handled.

Year 6 ~ for example:-

- * How we express our feelings without bullying; being assertive (peer group pressure)
- * Decisions to make and risks to take; being responsible
- * Expressing myself, using my talents; self esteem
- * Keeping safe
- * Feelings about the future; changing schools, ambition
- * How health and sexuality is conveyed by television, films, newspapers, etc. How is it affecting me?

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To help Year 6 deliver part of their curriculum for sex education, the children will follow the BBC Active DVD called Growing Up. This will include how babies are made and explores relationships, including friendship, parent:child:family relationships and adult sexual relationships.

There will also be a focus on how babies are born which will explore how babies develop during pregnancy and birth itself and consider the needs of babies before and after birth.

Yr6 staff will support the programmes with further explanation and discussions. In addition, Yr6 staff will talk separately to Yr6 boys and Yr6 girls specifically about changes happening to their bodies and answer questions relating to puberty. There will be ample time for children's questions which will be answered honestly. If a question is deemed unsuitable to answer in a whole class situation then the class teacher will first discuss it with the parents concerned to see how they would like the situation handled.

'Do Parents Have a Say in How Sex Education is Taught in School?'

The 1993 Education Act states 'Parents can now withdraw their children from sex education lessons, except those that form part of the National Curriculum...'

National Curriculum:

It is hoped that if parents have some concerns about any of the issues to be covered during their child's education at Brookfield Junior School, then they will discuss these concerns with the class teacher or Headteacher before withdrawing them from the session/s.

Parents will receive notification before Yr5 and Yr6 children view the sex education programmes and will have the opportunity to watch the programmes themselves first, if they so desire.

If parents do decide to withdraw their child from any or all sessions on sex education they should notify the Headteacher in writing.

Co-operation between Governors, parents and school staff will help make this a working and meaningful policy which will help ensure our children grow into thoughtful, balanced and healthy adults in both body and mind.

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